

Plan Your Stay: Harp Wellness Fest & Coastal Discoveries

Here's your mini-tourist guide to Harp Wellness Fest in Digby, with Seawall Beach as your base:

- 📌 Seawall Beach & Surroundings A charming sandy shoreline nestled between Queensland and Cleveland, right on the Rails-to-Trails scenic biking path. Tranquil, accessible, and perfect for sunrise walks or meditation sessions. 🌅

Food & Drink Near Seawall & Digby Shore

Thing Seafood (Digby Wharf): A local favorite for Digby scallops—pan-fried, bacon-wrapped, deep-fried—served with harbor views [sandeecom.com](#) +4 [digbyarea.ca](#) +4 [tripadvisor.com](#) +4 [airbnb.com](#) [novascotia.com](#) +2 [juliejournneys.com](#) +2 [airbnb.com](#) +2 . The Barn at The Point, Gilberts Cove (18–20 km west): A four-star B&B/café serving homemade soups, sandwiches and pastries—ideal for a scenic pitstop [en.wikipedia.org](#)

Digby Pines Golf Resort & Spa, at the resort: Offers an on-site Churchill's Restaurant & Lounge, a refined option for lobster, scallops & local fare [en.wikipedia.org](#)

🛒 **Gas & Essentials** Birch Street Fish Market also has a convenience section—perfect for grabbing scallops, drinks or snacks [tripadvisor.com](#).

The main Esso station and Sobeys convenience store are located in central Digby, about a 10-minute drive from Seawall.

🏠 **Where to Stay** (Hotels, Cottages, Airbnb) Digby Pines Golf Resort & Spa: Waterfront resort, heated pool, golf course, onsite dining—rooms from around \$127 USD/night [airbnb.com](#) +9 [airbnb.com](#) +9 [juliejournneys.com](#) +9 [novascotia.com](#)

Airbnb options in town: Modern private apartments within walking distance to Seawall & downtown (starting ~\$20/night) .

Cozy waterfront “Beach House” under 15 min drive—great for small groups and stunning views [airbnb.com](#) +1 [airbnb.gy](#) +1 .

Cottages with kayaks and firepits in Digby County—for a more rustic, nature-immersed retreat piersshare.com

-  **Activities & Exploring Whale & bird-watching tours:** Depart from Digby Neck/Long & Brier Islands; sighting humpbacks, minke, porpoises & dolphins justalittlefurther.com
-  **Outdoor adventures:** Hikes along Balancing Rock Trail, Fundy View, Central Grove, and Gulliver's Cove on Digby Neck novascotia.com .
-  **Cultural stops:** Admiral Digby Museum – local maritime and settler history in a restored Georgian house .
-  **Point Prim Lighthouse** – historic light station 8.5 km east with picnic trails & seaside views .
-  Digby Pier Lighthouse & Visitor Centre – explore the working harbour.
-   **Getting Around A rental car** is ideal to explore the Seawall, Digby town, and farther out to Neck and islands. Ferries to Long & Brier Islands are free and scenic worth planning into your day (roughly 30 min drive to each ferry terminal) tripadvisor.com digbyarea.ca digbyarea.ca novascotia.com justalittlefurther.com digbyarea.ca .
-   **Sample Itinerary Time Activity Morning Sunrise yoga or refreshing walk** at Seawall Mid-morning Visit Point Prim Lighthouse + picnic Lunch Barn café in Gilberts Cove or seafood at Shore Thing Afternoon Whale watching cruise or hike Digby Neck Dinner Scallops at Digby Pines or local seafood shack Evening Sunset over Annapolis Basin, then stargazing on the beach
-   **Travel Tips Bring sturdy shoes/rainboots** for tidepool exploration and beach walks tripadvisor.com Book whale-watching cruises and accommodations early—they fill quickly in peak season.
-  Check ferry times in advance if you plan to go to Long/Brier Islands.
-   **Nearby Businesses Map For convenience**, here are key places mapped (tap each to view on map apps): Shore Thing Seafood Digby, NS, Canada Local scallop & seafood spot on the wharf juliejournays.com

- 📖 Digby Pines Golf Resort & Spa Digby, NS, Canada Waterfront resort with restaurant, pool, cottages en.wikipedia.org
- 📖 The Barn at The Point Gilberts Cove, NS, Canada B&B café serving homemade fare en.wikipedia.org
- 📖 Admiral Digby Museum Digby, NS, Canada Local maritime history museum en.wikipedia.org Point Prim
- 📖 Lighthouse Park Digby, NS, Canada Historic lighthouse & picnic trails en.wikipedia.org
- 📖 Esso & Sobeys Convenience Digby, NS, Canada Gas, snacks, essentials tripadvisor.com Enjoy the Harp Fest—and the rhythm of Digby!

Enjoy your visit!

The Harp Wellness Fest Team!!!